

## DIM SUM

In China Dim Sum is served as early as 6:30am. We don't start quite that early. So what does Dim Sum mean? We've come across a few different translations but the one we love is "to touch your heart". In China, Dim Sum and "Yum Cha" (drinking tea), have been intertwined since the early 12th century. There is great variety in Chinese Dim Sum that can be steamed, baked or fried. Lucky Moo's Dim Sum menu includes filled dumplings that are skillfully prepared and brought freshly steamed to your table. For those who'd like Dim Sum as take-out, ask about getting your own steamer basket.

All Dim Sum is served in portions of 4.

Chicken, Coriander and Cashew Nut	R39.00
Chicken, Ginger and Sweet Corn	R39.00
Sweet Potato and Lemongrass	R35.00
Spinach and Cream Cheese	R35.00
Prawn, Shitake Mushrooms and Spring Onions	R45.00
Crab, Spring Onions and Cream Cheese	R39.00

## Dim Sum at home

It's quick and it's easy and of course it's Yum Yum Dim Sum.

What you'll need:

- A pot that your steaming basket can sit on top of.
- A good eye on the time.
- Tin foil.

Preparation:

- Fill your pot to the half way mark with water and bring to the boil.
- Line the bottom of your basket with the foil and puncture some holes into the foil.
- Only once the water is boiling, place the unsteamed Dim Sum into the basket and cover with the lid of the basket.
- Allow to steam for around 4 minutes. Check that the Dim Sum is translucent. If it's not translucent you may need to steam a little more.
- Remove from the pot and serve from the steaming basket. Enjoy your Dim Sum with the dipping sauces.
- Use your Dim Sum within 2 days of purchase.

DESIGNED BY INDIGO MARKETING



**LUCKY MOO**  
caters

Call Norman today on 078 174 1373  
or email [norman@luckymoo.co.za](mailto:norman@luckymoo.co.za)

Get your party catered Yum Yum style.  
Lucky Moo is now offering catering. Get Yum Yum Chinese food for your next party. We'll cater for 10 to 100 people.

**LUCKY MOO**  
Yum Yum Chinese Food

In creating this contemporary Chinese eatery, what we wanted more than anything was to delight you, our customers each time. Every bite of every dish should be special. We've taken care in the design of our colourful brand and in the crafting of the tastes that make up the Yum Yum part of it. We're not about fast food or fine dining, but we are about fun and delicious fusion. We're about eat-in or take out.

We've opened up our kitchens for you to see the freshest ingredients go into your dish and the energetic foodies in our team who prepare it. We listen to and absorb your comments like a spring roll in hot oil and we review our menus to see what we can add to make your Lucky Moo experience one that you will love and share.

**LUCKY MOO**  
delivers

From Lucky Moo Parkhurst we'll deliver your Yum Yum Chinese food to Dunkeld West, Greenside, Parkhurst, Parktown North, Parkview, Parkwood and Rosebank.

Open: 10:30 - 21:30 Monday to Saturday and  
10:30 - 21:00 on Sundays.

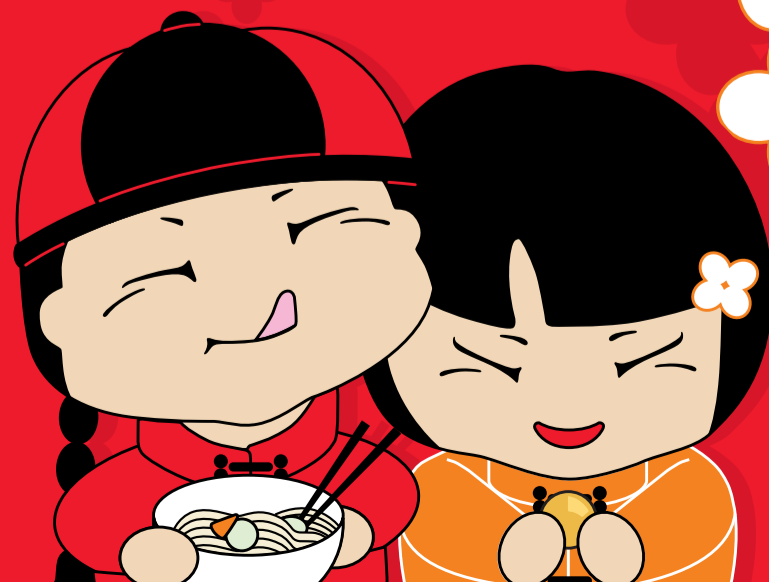
Orders: [www.luckymoo.co.za](http://www.luckymoo.co.za)

[parkhurst@luckymoo.co.za](mailto:parkhurst@luckymoo.co.za)

011 447 6120

011 024 4898

Cnr 6th street & 4th avenue,  
Parkhurst



## STARTERS

### SOUP

Sweet Corn and Chicken Soup	R21.00
Tom Yum Soup	R29.00

### SPRING ROLLS

A mixture of Chinese cabbage, carrots, green onions, and a choice of tender chicken, beef or fresh prawns wrapped in a thin wonton skin and woked 'till golden brown. Served with sweet chilli dipping sauce.

Chicken Spring Roll	R25.00 (2 servings)
Beef Spring Roll	R25.00 (2 servings)
Prawn Spring Roll	R27.00 (2 servings)
Vegetable Spring Roll	R22.00 (2 servings)

## RICE DISHES CHOW FAN

Prepared with steamed rice, tossed in the wok with scrambled egg, shredded vegetables, with a choice of meat, chicken, prawns or vegetarian - with a drizzling of soy sauce.

Chicken Chow Fan	R46.00
Beef Chow Fan	R47.00
Prawn Chow Fan	R50.00
Vegetable Chow Fan	R41.00

## MISSY MOO'S SUMMER SALAD

Woked tender strips of chicken, or beef or fresh prawns tossed on a bed of fresh garden vegetables, butter lettuce, crunchy cabbage, peppers, green beans and carrots sprinkled with toasted noodles and topped with a drizzling of our famous Missy Moo's pickled ginger, sesame oil and rice wine dressing

Chicken	R44.00
Beef	R46.00
Prawns	R46.00

## NOODLE DISHES CHOW MEIN

Prepared with Chinese egg noodles, tossed in the wok with shredded vegetables, with a choice of meat, chicken, prawns or vegetarian.

Chicken Chow Mein	R46.00
Beef Chow Mein	R47.00
Prawn Chow Mein	R50.00
Vegetable Chow Mein	R41.00

## CHICKEN STIR FRY

### Cashew Nut Chicken R50.00

Always a favourite – tender boneless chicken strips tossed in the wok with fresh bell peppers, onions and carrots in a delicious plum sauce and topped with a generous handful of cashew nuts for crunch.

### Orange Blossom Chicken R50.00

Lightly coated boneless chicken strips tossed in the wok with fresh bell peppers, onions and carrots and our secret sweet and spicy orange sauce.

### Mushroom Chicken R50.00

Marinated boneless chicken strips tossed in the wok with Chinese mushrooms, broccoli, onions and a sprinkling of Chinese 5 spice.

### Kung Pao Chicken ))) R52.00

Marinated boneless chicken strips, carrots, peppers, all tossed in the wok with fresh green onions, toasted peanuts and our spicy peanut and coconut milk sauce.

### Sweet and Sour Chicken R50.00

Lightly coated boneless chicken strips tossed in the wok with fresh bell peppers, carrots and onions topped with our delicious sweet and sour sauce and chunks of pineapple.

### General Tao's Chicken ))) R52.00

Marinated and lightly coated boneless chicken strips tossed in the wok with fresh vegetables and our secret ginger, garlic, chilli and soy sauce.

## BEEF STIR FRY

### Beijing Beef R52.00

A Chinese American dish - lightly coated tender beef strips, carrots, peppers and onions all tossed in the wok with our sweet and spicy ginger sauce.

### Mongolian Beef R52.00

Marinated tender beef strips, green beans, peppers all tossed in the wok with our spicy ginger and black bean sauce and a sprinkling of Chinese 5 spice and generous helping of cracked black pepper.

### Orange Blossom Beef R52.00

Lightly coated tender beef strips tossed in the wok with fresh bell peppers, onions and carrots and our secret sweet and spicy orange sauce.

### Kung Pao Beef ))) R54.00

Marinated tender beef strips, carrots, all tossed in the wok with fresh green onions, toasted peanuts and our spicy peanut and coconut milk sauce.

### Oyster Sauce Beef Sesame R52.00

Marinated tender beef strips, carrots, green beans and peppers all tossed in the wok with our delicious oyster sauce and sprinkled with toasted sesame seeds.

## SUSHI

<b>Miso Soup</b>	<b>20.00</b>	<b>Sashimi</b>	<b>3/PC</b>	<b>Fashion Sandwiches</b>	<b>4/PC 8/PC</b>
		Salmon	34.00	Salmon	26.00 50.00
<b>Maki</b>	<b>8/PC</b>	Tuna	34.00	Smoked Salmon	26.00 50.00
Salmon	26.00	Seared Tuna	40.00	Tuna	26.00 50.00
Smoked Salmon	26.00	Prawn	36.00	Spicy Tuna	28.00 54.00
Tuna	26.00			Prawn	28.00 54.00
Prawn	28.00	<b>Salmon Roses</b>	<b>2/PC</b>	Crab	24.00 46.00
Crab	24.00	Salmon	38.00	Vegetable	22.00 42.00
Cucumber	20.00			Rainbow Salmon	44.00 86.00
Avocado	20.00	<b>California Rolls</b>	<b>4/PC 8/PC</b>	<b>Hand Roll</b>	<b>1/PC</b>
<b>Futomaki</b>	<b>4/PC</b>	Salmon	24.00 46.00	Salmon	26.00
Salmon	36.00	Spicy Salmon	26.00 50.00	Spicy Salmon	28.00
Smoked Salmon	36.00	Smoked Salmon	24.00 46.00	Tuna	26.00
Tuna	36.00	Tuna	24.00 46.00	Spicy Tuna	28.00
Prawn	38.00	Spicy Tuna	26.00 50.00	Prawn	28.00
Crab	34.00	Prawn	26.00 50.00	Tempura Prawn	28.00
Vegetable	30.00	Crab	22.00 42.00	Crab	24.00
		Vegetable	20.00 38.00	Vegetable	20.00
		Smoked Salmon & Cream Cheese	28.00 54.00		
<b>NIGIRI</b>	<b>2/PC</b>	Rainbow Roll	29.00 56.00	<b>Tempura Prawn</b>	
Salmon	26.00	Dragon Roll	24.00 46.00	2pcs	20.00
Tuna	26.00	Tempura Prawn Roll	29.00 56.00	4pcs	38.00
Prawn	26.00	Crispy Roll	40.00 78.00	6pcs	58.00
Crab	22.00	Shrimp Tempura	44.00 86.00		
		Prawn & Spicy Salmon Roll			

## SEAFOOD

### Sweet and Sour Prawns R52.00

Lightly coated prawns tossed in the wok with fresh bell peppers, carrots and onions topped with our delicious sweet and sour sauce and chunks of pineapple.

### Kung Pao Prawns ))) R54.00

Marinated fresh prawns, carrots, green peppers, all tossed in the wok with fresh green onions, toasted peanuts and our spicy peanut and coconut milk sauce.

### General Tao's Prawns ))) R54.00

Marinated and lightly coated prawns tossed in the wok with fresh vegetables and our secret ginger, garlic, chilli and soy sauce.

### Sweet & Sour Fish R52.00

Lightly coated pieces of fish tossed in the wok with fresh bell peppers, carrots and onions topped with our delicious sweet and sour sauce and chunks of pineapple.

))) - hot but you can request medium or mild

No MSG added

## VEGETARIAN DISHES

### Kung Pao Vegetables ))) R46.00

Fresh vegetables and Chinese mushrooms all tossed in the wok with toasted peanuts and our spicy peanut and coconut milk sauce.

### Tofu Vegetables R46.00

Tofu, a selection of tender fresh vegetables and Chinese mushrooms, all tossed in the wok with our spicy plum sauce and a sprinkling of Chinese 5 spice with a generous handful of cashew nuts for crunch.

## SWEET THINGS

Coconut Ice R12.00 (portion of 2)

Bow Ties R12.00 (portion of 2)

Naughty Naughty R23.00 (portion of 2)

Chocolate and Banana

Spring Rolls with Creamy

Dipping Sauce

## SUSHI PLATTERS

<b>Salmon Combo (1) 11pcs</b>	<b>R98.00</b>	<b>Salmon Combo (2) 16pcs</b>	<b>R99.00</b>	<b>Salmon Combo (3) 20pcs</b>	<b>R158.00</b>
4 x Salmon California Rolls		4 x Salmon Rainbow Rolls		4 x Salmon California Rolls	
2 x Salmon Roses		2 x Salmon Roses		4 x Salmon Roses	
2 x Salmon Nigiri		2 x Salmon Nigiri		4 x Salmon Nigiri	
3 x Salmon Sashimi		4 x Salmon Fashion Sandwiches		4 x Salmon Fashion Sandwiches	
		4 x Avo Maki		4 x Avo Maki	
<b>Rainbow Combo (1) 20pcs</b>	<b>R80.00</b>	<b>Rainbow Combo (2) 16pcs</b>	<b>R102.00</b>	<b>Rainbow Combo (3) 16pcs</b>	<b>R118.00</b>
8 x Salmon Rainbow Rolls		4 x Salmon Rainbow Rolls		4 x Salmon Rainbow Rolls	
4 x Crab California Rolls		2 x Salmon Roses		4 x Salmon Roses	
8 x Tuna Maki		2 x Prawn Nigiri		4 x Prawn California Rolls	
		8 x Avo Maki		4 x Avo Maki	
<b>Prawn Combo 14pcs</b>	<b>R108.00</b>	<b>Assorted Combo 30pcs</b>	<b>R208.00</b>		
2 x Prawn Nigiri		8 x Salmon Fashion Sandwiches			
4 x Prawn Tempura California Rolls		8 x Salmon Rainbow Rolls			
4 x Prawn Maki		8 x Salmon Crispy Rolls			
4 x Prawn Fashion Sandwich		2 x Salmon Nigiri			
		2 x Tuna Nigiri			
		2 x Prawn Nigiri			

**LUCKY MOO**  
Yum Yum Chinese Food